



Small Group Class Schedule

Location A: 109b Fabrister Lane, Lexington (Intense Volleyball Gym)

Location B: 372 Riverchase Way, Lexington (Palmetto Jujitsu Academy)

	Monday	Tuesday	Wednesday	Thursday	Friday
5:30-6:15am (A)	<i>Cross Training</i>	<i>Pilates Mat</i>	<i>Cross Training</i>	<i>Pilates Mat</i>	<i>Cross Training</i>
9:30-10:15am (B)		<i>Pilates Mat</i>		<i>Pilates Mat</i>	
3:00-3:45pm (B)	<i>CenterFit Lite</i>		<i>CenterFit Lite</i>	<i>CenterFit Lite</i>	
4:30-5:15pm (B)					<i>Kettlebells</i>
5:30-6:00pm (B)		<i>Pilates Mat</i>		<i>Pilates Mat</i>	
6:00-6:45pm (B)	<i>Kettlebells</i>		<i>Kettlebells</i>		

CenterFit Session Schedule, 2020

	Session Dates	Duration	Unlimited Classes
Session 1	Jan 06 - Feb 14	6 Weeks	\$90
BREAK	Feb 17-21	1-Week	
Session 2	Feb 24 - Apr 03	6-Weeks	\$90
BREAK	Apr 6-10	1-Week	
Session 3	Apr 13 - May 22	6-Weeks	\$90
BREAK	May 25-29	1-Week	
Session 4	Jun 01 - Jun 26	4-Weeks	\$60
BREAK	Jun 29-Jul 03	1-Week	
Session 5	Jul 06 - Aug 14	6-Weeks	\$90
BREAK	Aug 17-21	1-Week	
Session 6	Aug 24 - Oct 02	6-Weeks	\$90
BREAK	Oct 05-09	1-Week	
Session 7	Oct 12 - Nov 20	6-Weeks	\$90
BREAK	Nov 23-27	1-Week	
Session 8*	*Nov 30 - Dec 31	4-Weeks	\$60
BREAK	*Closed Dec 21-25	1-Week	